

## What I already know...

- That the school has rules and guidelines to help to keep them safe and happy.
- That each year we vote for school councillors who then help to give our opinions and ideas to the head teacher.
- That it is important to be kind to others.

## What I will learn...

- How my behaviour affects others.
- How being included or excluded might make people feel.
- How to make others feel valued, cared for and welcome.
- To recognize the feeling of being motivated or unmotivated.
- That there are different roles in communities.
- What democracy is and how democracy is important in school.
- That groups need to work together to achieve.
- That democracy benefits me and the school.

## Key Vocabulary

Democracy	A system where people vote to help them achieve an agreement.
Community	A group of people living or working in the same place.
motivated	The feeling of wanting and being excited to do something
compromise	Where people work together and adapt their ideas so that more people are happy.
Included	Someone joining in with others and being part of the group.
Excluded	Someone being left out of the group
Unmotivated	The feeling of not wanting to do something



At the Merton, we think that teaching children about their emotions and themselves is incredibly important. In this unit, we will teach children to value themselves and appreciate the impact that they have on those around them.

We will also learn strategies to use when things are not going as planned.

## **PSHE** skills:

Disciplinary Knowledge:PSHE skills I will learn...

- To develop social and emotional skills related to group dynamics and motivations
- Interpretations of themselves and their behaviour

