

# Year 1 - PSHE Knowledge Organiser

## What I already know...

Last term we learnt about what makes us special and how to feel safe in our class. We learnt that our views are important and that we each have a voice. In addition we learnt to understand our own rights and responsibilities within the classroom.



### What I will learn...

- That people have differences and similarities
- To understand what bullying means
- To know who to tell if they or someone else is being bullied or is feeling unhappy
- To know skills to make friendships
- To know that people are unique and that it is okay to be different

### Key Vocabulary

Similarity	Something with likeness.
Difference	A way in which people or things are dissimilar.
Bullying	Is unwanted, unkind behaviour that involves a real or perceived power imbalance. The behaviour is repeated, or has the potential to be repeated, over time.
Deliberate	Something done on purpose.
Unfair	Not treating others how they should be or not following the rules.
Included	Being part of a group or a whole.
Unique	Being the only one of its kind; unlike anything else.
Celebration	Celebrating a day or event



### Making a difference at The Merton and beyond

The children talk about friendship, how to make friends and that it is OK to have differences from their friends. The children learn what bullying is and what it isn't. They talk about how it might feel to be bullied and when and who to ask for help. The children also talk about being nice to and looking after other children by learning to recognise bullying behaviour. Anti Bullying week during this term will allow us to celebrate our differences and value just how wonderful it is to be different from everyone else. We will celebrate our similarities and differences by completing a creative weekly task in the form of a

### PSHE Skills...

### Disciplinary Knowledge: PSHE skills I will learn...

- Identify emotions associated with making a new friend
- Verbalise some of the attributes that make them unique and special
- Recognise ways in which they are the same as their friends and ways they are different

