

# Year 6 - Spring 1 - PE Knowledge Organiser

## What I already know...

Children will build upon their dance skills from each of their previous years at the Merton as well as further developing their understanding of invasion game tactics and skills built up throughout Key Stage 2.

## What I will learn...

#### <u>Dance</u>

- Children will learn about relationship skills by working as part of a group to choreograph a sequence
- •Children will learn about performance skills such as aesthetics, flow and musicality.
- •Children will learn how to choreograph a group sequence using a chosen theme
- •Children will know how to develop strength, flexibility, technique, control and balance.
- •Children will learn how to perform their movements in time and be able to count out the beat

#### Sports leadership

- To build communication and trust while showing an awareness of safety
- To collaborate as a team to solve problems
- $\bullet$  To work as a team to use critical thinking to determine the best approach

## Key Vocabulary

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Aesthetics	The expression and communication of emotion through dance.
Flow	How smoothly you transition from one movement to another throughout your routine
Musicality	How a dancer expresses music in his or her body.
Canon	Where dancers to take it in turns to perform a movement that is then identically copied and performed by others
Sequence	A form of <i>dance</i> in which a preset pattern of movements is followed.
Haka	A variety of ceremonial dances in Māori culture. Haka are often performed by a group, with vigorous movements and stamping of the feet with rhythmically shouted accompaniment.
Māori	The indigenous Polynesian people of mainland New Zealand.



## Making a difference at The Merton and beyond

The children will learn how to choreograph and perform a sequence within a group and evaluate their own and others performances.

In outdoor P.E, the children will learn to plan and lead sporting activities within small groups. They will develop leadership skills through game play and umpiring games.

## How to be a...

#### Choreographer

 $\bullet \mathsf{To}$  use feedback provided to improve the quality of my work

 $\bullet \text{To}$  work creatively and imaginatively on my own, with a partner and in a group to choreograph and structure dances.

#### Sports leader

- $\bullet \mathsf{To}$  work as a team to solve problems, sharing ideas and collaborating with one another.
- $\bullet \mathsf{To}$  develop tactical planning and problem solving





# Year 6 - Spring 2 - PE Knowledge Organiser

### What I already know...

Children will further develop their understanding of invasion game tactics and skills built up throughout Key Stage 2.

## What I will learn...

#### <u>Tag rugby</u>

- To know how to use space to help my team
- To know the appropriate action for the situation and make this decision quickly
- To know how marking, tackling and/or interception improve defence
- To know the rules of the game to play honestly and fairly
- To know how to create tactics with my team and evaluate the effectiveness of these

#### Netball

- •Impact of warm ups and cool downs and how it effects their bodies
- •To know how to move into a space and receive a pass on the move
- •To know how to attack and defend in a game situation
- •To know the basic rules and tactics for netball and employ them in a game situation
- To know the roles and playing area for each position

## Key Vocabulary

Rugby forward pass Rugby

A turnover is when possession changes from the attacking team to the turnover defending team. Similar to a free kick in football, it is awarded for any offence on the pitch.

team.

Rugby free pass

Netball

It must be taken at the spot the foul took place, and any opposing players must be 3-5 metres away until it is taken. The wide areas of the playing court Netball occupied by the Wing Attack and Wing Wing Defence. When a player's actions interfere with Netball an opponent's play whether these are Contact accidental or deliberate. A swivel movement that allows a Netball player to move around one foot to Pivot either pass or shoot

When an opposing player makes any movements that interfere with a pass Obstruction or shot.

Unlike other invasion games, the ball can only be passed backwards to a

possession and a free pass to the other

teammate. Any pass that travels

forward results in a turnover of



## Making a difference at The Merton

The children will learn how to choreograph and perform a sequence within a group and evaluate their own and others performances. The journey of PE will encourage children to look for confidence in their own performance and to recognise success in others.

The children will also earn about skills, tactics and rules for netball. They will develop their tactical awareness skills and leadership skills through game play and umpiring games.

## How to be a team player...

To use the rules of a game consistently to play honestly and fairly

To work collaboratively with my team to create tactics and evaluate the effectiveness of these

To recognise my own an others' strengths and areas for development and suggest ways to improve.

