

Central Autumn
Winter Menu 2024
2025

WEEK ONE

28/10/2024
18/11/2024
09/12/2024
13/01/2025
03/02/2025
03/03/2025
24/03/2025

MONDAY

Option one

NEW Tomato & Vegetable Pasta 

Option two

Mexican Fajitas with Rice  



Vegetables of the Day

Dessert

Blackberry and Apple Crumble with Custard 

TUESDAY

Cottage Pie with Gravy 

NEW Creamy Chickpea and Coconut Curry with Rice  

Vegetables of the Day

Melting Moment Biscuit

WEDNESDAY




Peri Peri or BBQ Chicken** or

Quorn with Diced Seasoned Potatoes & Sweetcorn Salsa 

Vegetables of the Day

Fruit Platter 

THURSDAY

Meatballs in Tomato Sauce with Rice 

NEW Cheese and Broccoli Pasta with Garlic Bread

Vegetables of the Day


Carrot and Courgette Cake

FRIDAY

Salmon Fishfingers/ Fishfingers with Chips & Tomato Sauce

Mexican Bean Roll with Chips & Tomato Sauce 


Vegetables of the Day

Chocolate Orange Cookie 


WEEK TWO

04/11/2024
25/11/2024
16/12/2024
20/01/2025
10/02/2025
10/03/2025
31/03/2025

Option one

Classic Cheese and Tomato Pizza 

Option two

Or Rainbow Pizza With Potato Wedges 

Vegetables of the Day

Dessert

Marble Sponge Cake with Custard


NEW Chicken** Pasta Bake with Garlic Bread

Chinese Vegetable Curry with Rice  

Vegetables of the Day

Jelly with Mandarins 

Pork Sausage or **Chicken sausage**** and Mash with Gravy

Vegan Sausage and Mash with Gravy 

Vegetables of the Day

Fruit Medley 


 **Chicken**** Tikka Masala with Rice 

NEW Mild Mexican Chilli with Rice  

Vegetables of the Day

Peach Cake

NEW Tuna Pasta Bake or Fishfingers with Chips & Tomato Sauce

Cheese and Tomato Quiche with Chips & Tomato Sauce 

Vegetables of the Day

Oaty Cookie  



WEEK THREE

11/11/2024
02/12/2024
06/01/2025
27/01/2025
24/02/2025
17/03/2025
07/04/2025

Option one

Macaroni Cheese

Option two

Plant Balls in Tomato Sauce with Rice  


Vegetables of the Day

Dessert

Chocolate and Beetroot Brownie



NEW Mild Caribbean Chicken** with Rice and Peas

NEW Caribbean Butterbean Stew with Rice and Peas 

Vegetables of the Day

Sticky Toffee Apple Crumble with Custard 



Gammon Roast of the Day with Stuffing, Roast Potatoes and Gravy

Vegan Cottage Pie with Gravy 

Vegetables of the Day

Fruit Salad 

Spaghetti Bolognaise 

NEW Hot Pot Baked Bean Casserole with Rice  

Vegetables of the Day

NEW Savoury Cheese Scone

Breaded Fish with Chips & Tomato Sauce

Cheese and Pepper Omelette with Chips & Tomato Sauce

Vegetables of the Day

Vanilla Shortbread 

MENU KEY



Added Plant Power



Wholemeal



Vegan

**Halal options available

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

Available Daily: Freshly cooked Jacket potatoes with a choice of fillings.
Fresh Bread – Salad Selection – Fresh Fruit and Yoghurt