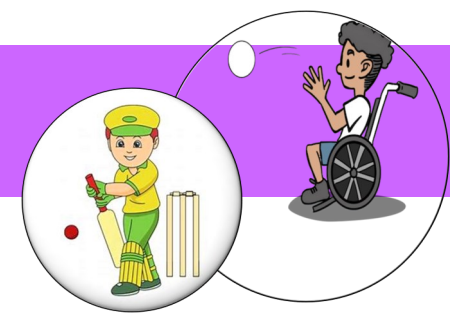




Year 1 - Summer - PE Knowledge Organiser



What I already know...

In EYFS children started to develop their fundamental ball skills such as rolling and receiving a ball, throwing to a target, bouncing and catching, dribbling with feet and kicking a ball..

What I will learn...

Sending and Receiving

- To develop rolling and throwing a ball towards a target.
- To develop receiving a rolling ball and tracking skills.
- To be able to send and receive a ball with your feet.
- To develop throwing and catching skills over a short distance.
- To develop throwing and catching skills over a longer distance.
- To apply sending and receiving skills to small games.

Striking and Fielding

- _To develop underarm throwing and catching and put this into small sided games.
- To develop overarm throwing.
- To develop striking a ball with my hand and equipment.
- To retrieve a ball when fielding.
- To understand how to get a batter out.
- To develop decision making and understand how to score points.

Key Vocabulary

track	when a player moves their body to get in line with a ball that is coming towards them
send	To pass to someone using either your hands, feet or an object.
receive	To collect or stop a ball that is sent to you using either your hands, feet or an object.
fielder	A player on the fielding team.
batter	A player on the batting team.
runs	The unit of scoring.
bowler	The player who starts the game by bowling to the batter.

Making a difference at The Merton

Sending and Receiving

Children will develop their sending and receiving skills including throwing and catching, rolling, kicking, tracking and stopping a ball, developing their perseverance and co-operative skills. Pupils will be given opportunities to work with a range of different sized balls. They will apply their skills individually, in pairs and in small groups and begin to organise and self-manage their own activities. They will understand the importance of abiding by the rules to keep themselves and others safe.

Striking and fielding

Children will learn the key principles of striking and fielding games. They will learn that when they are attacking their purpose is to score points, concentrate on the placement of the object, and avoid getting out. In comparison they will learn that when they are defending they need to limit the points conceded, deny space for the opposition and get opponents out. Children will practise these skills through a range of striking and fielding games for example; cricket, softball, baseball and rounders. This will be the children's first experience of playing team sports as they endeavour to become good sports people who can

PE skills...

Disciplinary Knowledge: PE skills I will learn...

Sending: Face your body towards your target when sending to help you to balance. Look at your partner before sending the ball.

Receiving: Watch the ball as it comes towards you.

Striking: the harder you strike, the further the ball will travel.

Fielding: throwing the ball back is quicker than running with it.

Throwing: use an overarm throw to throw over longer distances.

Catching: watch the ball as it comes towards you.