



Year 3 - Summer 1- PE Knowledge Organiser

What I already know...

Warm up, cool down, stretching
 Following rules, playing fair, taking turns
 Ball skills

What I will learn...

To know the rules of the game
 To know how to return a ball to a partner.
 To know the basic racket skills.
 To know the aim of the game.
 To know the benefits of exercise.

Key Vocabulary

racket	An object used to hit the ball in
net	A light cotton netting, used as a ball-stop or boundary in the game of lawn-tennis.
ready	To be prepared for an activity.
control	To be in charge of the situation.
score	The number of points achieved in a
tactics	An action or strategy carefully planned to achieve a specific end like winning.

How to be a tennis player:

- Position - holding equipment correctly
- Balance - demonstrate balance when performing other skills
- Co-ordination - co-ordinate their bodies with increased consistency in a variety of activities
- Accuracy - send a ball with accuracy and increasing consistency to a target



Making a difference at The Merton

TENNIS

In this unit pupils develop the key skills required for tennis such as the ready position, racket control and hitting a ball. They learn how to score points and how to use skills, simple strategies and tactics to outwit the opposition.

Pupils are given opportunities to play games independently and are taught the importance of being honest whilst playing to the rules.