



# EYFS - Summer 1 - Personal, Social and Emotional Knowledge Organiser

## What I already know...

What healthy means. To say somethings that keep me healthy. Exercise keeps us healthy. When to wash our hands and why it is important.

## What I will learn...

To know what a family is.

To know that different people in a family have different responsibilities (jobs)

To know some of the characteristics of healthy and safe friendship

To know that friends sometimes fall out • Know some ways to mend a friendship

To know that unkind words can never be taken back and they can hurt

To know how to use Jigsaw's Calm Me to help when feeling angry

To know some reasons why others get angry.

## Key Vocabulary

<b>Family</b>	A family is a <b>group of people who, in most cases, live together</b>
<b>Jobs</b>	a regular position for which a person is paid to do particular duties.
<b>Friend</b>	a person who you know well and like and who likes you.
<b>Relationship</b>	a connection between people.
<b>Lonely</b>	without company; alone.
<b>Argue</b>	to express disagreement
<b>Breathing</b>	to draw air into the lungs and let it out.
<b>Angry</b>	feeling or showing anger
<b>Feelings</b>	an emotion.



## Making a difference at The Merton and beyond

During this topic the children will be focusing on key relationships in their lives. They learn about families and the different roles people can have in a family. They explore the friendships they have and what makes a good friend. They are introduced to simple strategies they can use to mend friendships. The children also learn about Jigsaw's Calm Me and how they can use this when feeling upset or angry.



## Relationships