



EYFS - Summer 1 - Physical Development Knowledge Organiser



What I already know...

To negotiate space safely with consideration for myself and others. I can use movement skills with developing strength, balance and co-ordination showing increasing control and grace. I can follow instructions involving several ideas or actions.

What I will learn...

- To develop rolling and tracking a ball.
- To develop accuracy when throwing to a target.
- To develop dribbling with hands.
- To develop throwing and catching with a partner.
- To develop dribbling a ball with your feet.
- To develop kicking a ball to a target.
- To know how to use one handed tools.
- To know how to use one handed tools with grip and good control.
- To know how to use a range of small tools safely.
- To know how to exercise our fingers in Dough Disco.
- To use sparkle marks as support for letter formation.

Key Vocabulary

Accuracy	Free of mistakes or error.
Core strength	The development of the torso muscles that stabilize, align, and move the trunk of the body.
Movement	Change in position or location.
Fine motor	Involve movement of the smaller muscle groups in the hands, fingers, and wrists .
Gross motor	Involve movements of the large muscles of the arms, legs, and torso.
Dribble	Requires controlling the ball while moving with it.
Kick	A skill in association football in which a player strikes the ball with their foot.



Making a difference at The Merton and beyond

In this unit children will develop their ball skills through the topic of 'weather'. Children will develop fundamental ball skills such as throwing and catching, rolling a ball, using targets, dribbling with feet, kicking a ball, bouncing and catching a ball. Children will be able to develop their fine and gross motor skills though a range of game play with balls. Children will work independently and with a partner and will develop decision making and using simple tactics.