



Year 1 - Spring 2- PE Knowledge Organiser: Invasion



What I already know...

In Year 1, through our ball skills and target games units children started to acquire and grow their sending and receiving skills, using their hands and their feet. In our learning about invasion games will develop and apply these further.

What I will learn...

- Begin to dribble a ball with my hands and feet.
- To change direction to move away from a defender
- To recognise space when playing games.
- To send and receive a ball with hands and feet.
- To use simple rules to play fairly.
- To move to stay with another player when defending.
- To recognise changes in my body when I do exercise.
- To understand when I am a defender and when I am an attacker.

PE skills I will learn...

- dribbling
- throwing
- catching
- kicking
- receiving
- running
- changing speed
- changing direction

Key Vocabulary

interception	Catching a pass made by an opposing player.
possession	When a team has the ball they are in possession
marking	When a player defends an opponent
dodge	When an attacking player moves to lose their defender
attacker	My team has the ball and need to score goals.
defender	My team needs to try and stop goals.

Making a difference at The Merton and beyond

Children will build on their throwing skills to continue to develop sending and receiving skills, as well as their dribbling skills. They develop their understanding of attacking and defending and what being 'in possession' means. They have the opportunity to play uneven and even sided games. They learn how to score points in these types of games and how to play to the rules. They work independently, with a partner and in a small group and begin to self-manage their own games. Children will evolve the games that they have been playing in their lunch & playtimes and add to their growing games lists, showing respect and kindness towards their teammates and opponents—and having lots of fun. If you enjoy this unit why not see if there is a club in your local area that plays an invasion game. This could be a basketball, football, handball, hockey, netball or tag rugby club.