



EYFS - Autumn 1 - Personal, Social and Emotional Knowledge Or-

What I will learn...

Knowledge

- To know special things about themselves
- To know that some people are different from themselves
- To know how happiness and sadness can be expressed
- To know that hands can be used kindly and unkindly
- To know that being kind is good
- To know they have a right to learn and play, safely and happily

Skills

- To Identify feelings associated with belonging
- To identify feelings of happiness and sadness
- To know how to play cooperatively with others
- To be able to consider others' feelings
- To be responsible in the setting

Key Vocabulary

Kind	helpful; friendly; good.
Gentle	kind; generous; mild.
Friend	a person whom you know well and like and who likes you.
Similar(ity)	having resemblance or likeness.
Different	not the same; not alike.
Rights	in keeping with what is fair and good.
Responsibilities	<i>Take responsibility for your actions.</i>
Feelings	the ability to sense things by touch.
Angry	feeling or showing anger
Happy	feeling joy or pleasure; being glad or content.
Excited	in a state of excitement; thrilled.
Nervous	having a very anxious or fearful nature.
Sharing	to divide and give out to others while keeping a portion for oneself.
Taking Turns	to do one after the other, in order.

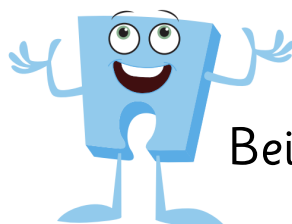


Making a difference at The

The children will seek to explore the puzzle piece **Being Me in My World**. The children talk about how they have similarities and differences from their friends and how that is OK. They begin working on recognising and managing their feelings, identifying different ones and the causes these can have. The children talk about working with others and why it is good to be kind and use gentle hands. They discuss children's rights, especially linked to the right to learn and the right to play. The children talk about what it means to be responsible.

Making a difference at home

What does it feel like to belong? • What's special about you? • How do people show they are happy or sad? • What sort of things can you do to be kind? • How do you play nicely with other children? • How are you different from someone else (e.g. Mummy, Daddy, brother, sister, a friend)? • What are the



Being me in my World