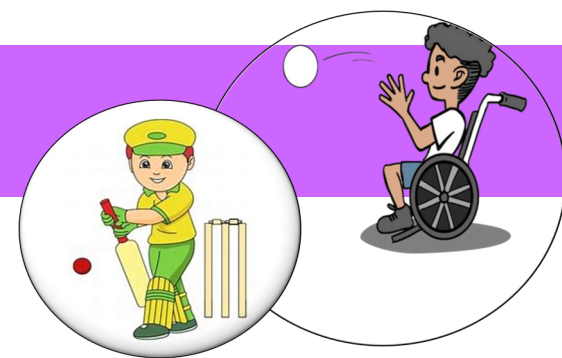




Year 2 - Summer - PE Knowledge Organiser



What I already know...

In EYFS children started to develop their fundamental ball skills such as rolling and receiving a ball, throwing to a target, bouncing and catching, dribbling with feet and kicking a ball..

What I will learn...

Athletics

How to develop a foundation for balance and stability.

How to develop agility and co-ordination.

How to explore hopping, jumping and leaping for distance.

Jump: take off and land on two feet Hop: take off on one foot and land on the same foot , leap is to take off one foot and land on the other

How to distance throw and for accuracy

Net and Wall

To throw catch and hit a ball

To track a ball

To develop fundamental movement skills, develop agility, balance.

To master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination.

To participate in team games, developing simple tactics for attacking and defending

Key Vocabulary

jump	<i>take off and land on two feet take off on one foot and land on the same foot</i>
leap	<i>is to take off one foot and land on</i>
hop	<i>take off on one foot and land on the same foot</i>
trap	To stop or trap a rolled ball on the floor using a tennis racket
ready position	Feet shoulder width apart, knees bent, used to be able to move to the
attack	To aim at the target
defend	To protect the target

Making a difference at home

Keeping fit and healthy is so important for our physical and mental well-being. Encourage the members of your family to join in with you as you practise ball skills at home; play games like 'Piggy in the Middle', bat and ball, helping all the family have fun and keep fit!

Making a difference at The Merton

Athletics

In this unit, children will develop skills required in athletic activities such as running at different speeds, changing direction, jumping and throwing. In all athletic based activities, pupils will engage in performing skills and measuring performance, competing to improve on their own score and against others. They are given opportunities to work collaboratively as well as independently. The unit will conclude with our very own Merton sports day where children will showcase their physicals an support each other emotionally and as part of a team. Children will link int our school vision of mental and physical health as well a develop their character strength of determination!

Net and Wall

Net and Wall Children will be introduced to the basic skills required in Net and Wall games. Pupils will learn the importance of the ready position. They will develop throwing, catching and racket skills, learning to track and hit a ball. They will learn to play against an opponent and over a net. They will begin to use rules and simple tactics when playing against a partner. They will be encouraged to demonstrate good sportsmanship and show respect towards others.

The children are looking forward to showing you what they have learnt over the term as they will apply and use all these skills in our KS1 Sports Day.

