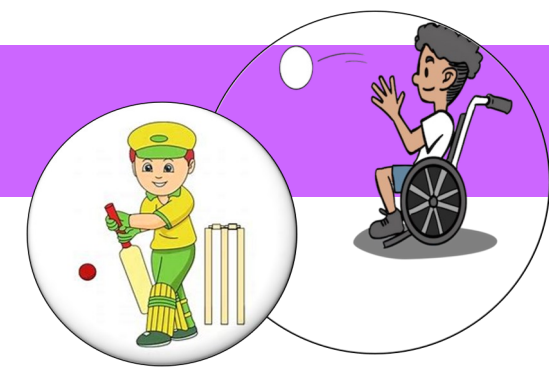




Year 1 - Summer - PE Knowledge Organiser



What I already know...

In EYFS children started to develop their fundamental ball skills such as rolling and receiving a ball, throwing to a target, bouncing and catching, dribbling with feet and kicking a ball..

What I will learn...

Sending and Receiving

- To develop rolling and throwing a ball towards a target.
- To develop receiving a rolling ball and tracking skills.
- To be able to send and receive a ball with your feet.
- To develop throwing and catching skills over a short distance.
- To develop throwing and catching skills over a longer distance.
- To apply sending and receiving skills to small games.

Striking and Fielding

- _To develop underarm throwing and catching and put this into small sided games.
- To develop overarm throwing.
- To develop striking a ball with my hand and equipment.
- To retrieve a ball when fielding.
- To understand how to get a batter out.
- To develop decision making and understand how to score points.

Key Vocabulary

track	when a player moves their body to get in line with a ball that is coming towards them
send	To pass to someone using either your hands, feet or an object.
receive	To collect or stop a ball that is sent to you using either your hands, feet or an object.
fielder	A player on the fielding team.
batter	A player on the batting team.
runs	The unit of scoring.
bowler	The player who starts the game by bowling to the batter.

Making a difference at home

Keeping fit and healthy is so important for our physical and mental well-being. Encourage the members of your family to join in with you as you practise ball skills at home; play games like 'Piggy in the Middle', bat and ball, helping all the family have fun and keep fit!

Making a difference at The Merton

Sending and Receiving

Children will develop their sending and receiving skills including throwing and catching, rolling, kicking, tracking and stopping a ball, developing their perseverance and co-operative skills. Pupils will be given opportunities to work with a range of different sized balls. They will apply their skills individually, in pairs and in small groups and begin to organise and self-manage their own activities. They will understand the importance of abiding by the rules to keep themselves and others safe.

Striking and fielding

Children will learn the key principles of striking and fielding games. They will learn that when they are attacking their purpose is to score points, concentrate on the placement of the object, and avoid getting out. In comparison they will learn that when they are defending they need to limit the points conceded, deny space for the opposition and get opponents out. Children will practise these skills through a range of striking and fielding games for example; cricket, softball, baseball and rounders. This will be the children's first experience of playing team sports as they endeavour to become good sports people who can celebrate wins and be gracious in defeat!

The children are looking forward to showing you what they have learnt over the term as they will apply and use all these skills in our KS1 Sports Day.

