



Year 6 - Spring 1 - PE Knowledge Organiser

What I already know...

Children will build upon their dance skills from each of their previous years at the Merton as well as further developing their understanding of invasion game tactics and skills built up throughout Key Stage 2.

What I will learn...

Dance

- Children will learn about relationship skills by working as part of a group to choreograph a sequence
- Children will learn about performance skills such as aesthetics, flow and musicality.
- Children will learn how to choreograph a group sequence using a chosen theme
- Children will know how to develop strength, flexibility, technique, control and balance.
- Children will learn how to perform their movements in time to the music and be able to count out the beat.
- Children will learn how to create starting and finishing positions for their sequence.

Netball—competitive games

- Impact of warm ups and cool downs and how it effects their bodies
- To know how to move into a space and receive a pass on the move

Key Vocabulary

Aesthetics	The expression and communication of emotion through dance.
Flow	How smoothly you transition from one movement to another throughout your routine
Musicality	How a dancer expresses music in his or her body.
Canon	Where dancers take it in turns to perform a movement that is then identically copied and performed by others
Sequence	A form of <i>dance</i> in which a preset pattern of movements is followed.
Wing	The wide areas of the playing court occupied by the Wing Attack and Wing Defence.
Contact	When a player's actions interfere with an opponent's play whether these are accidental or deliberate.
Pivot	A swivel movement that allows a player to move around one foot to either pass or shoot
Obstruction	When an opposing player makes any movements that interfere with a pass or shot.



Making a difference at The Merton

The children will learn how to choreograph and perform a sequence within a group and evaluate their own and others performances. The journey of PE will encourage children to look for confidence in their own performance and to recognise success in others.

In outdoor P.E, the children will learn about skills, tactics and rules for Bee Netball (Stingers). They will develop their tactical awareness skills and leadership skills through game play and umpiring games.

Making a difference at home

Encourage your child to get active! This might be through joining a local club or simply getting outside to enjoy some fresh air and a walk.

You could even ask your child to demonstrate their dance routine for you—they may need you or other members of the family to step in and join them!