# Year 2 - Spring - PSHE Knowledge Organiser Dreams and Goals

### What I already know...

In year 1, the children learnt to set simple goals and tell others about something they do well. Once they have set the goal they have begun to work out ways that they could achieve it. They have looked at challenges that may occur when trying to be successful and how they may overcome these.

## What I will learn...

To choose a realistic goal and think about how to achieve it

To persevere even when I find tasks difficult

To recognise who I work well with and who it is more difficult for me to work with

To know how to share success with other people To tell you things I have achieved and say how that makes me feel

To tell you some of my strengths as a learner To tell you how working with other people helps me learn To work with other people in a group to solve problems To express how I felt to be working as part of this group To know how contributing to the success of a group feels and I am able to store those feelings in my internal treasure chest (proud)

### Key Vocabulary

Realistic	having or showing a sensible and practical idea of what can be achieved or expected.
Proud	If you feel proud, you feel pleased about something good that you possess or have done, or about something good that a person close to you has done
Persevere	Perseverance is the ability to keep doing something in spite of obstacles.
Challenge	an interesting or difficult problem or task
Achievement	something achieved through hard work, courage, or skill
Success	the reaching of something desired or intended
Strengths	Personal strengths are positive personality traits like kindness, curiosity, creativity, resiliency, thoughtfulness, and empathy



## Making a difference at The Merton

The children will choose a simple task that they would like to work on together. They will think about the difference steps they will need to be successful.

The children will then work in groups to design imaginary birds for 'A garden or Dreams and Goals'. During this time they will use the skills they have been learning about perseverance, working with others and celebrating success.

## Making a difference at home

Take time to discuss when they need to persevere with something they find challenging —this may be their spellings, homework or learning to tie their shoes. When the children achieve something they are proud of talk to them about how it feels. Also discuss anything that you may achieve!

