



Year 1 - Autumn 1 - PSHE Knowledge Organiser

What I already know...

In EYFS we learnt about the boundaries and behavioral expectations in the EYFS base and we spend a lot of time learning that our own actions effect other people. At the beginning of Year 1 we remind ourselves of the golden rules and our learning charter so that we can start the term being the best that we can be.



What I will learn...

- I will learn that I belong to my class which is part of the Merton family and that my that views are important and valued.
- I will learn about what makes me special and how to feel safe in my class.
- I will learn to understand that my choices have consequences.
- I will learn to understand my own rights and responsibilities within the classroom.

Key Vocabulary

Safe	Free from harm or risk.
Special	Better, greater, or otherwise different from what is usual.
Calm	Not feeling string emotions, being relaxed.
Belonging	Is a sense of fitting in or feeling like you are an important member of a group.
Rights	Is something a person has that people think should not be taken away from them.
Responsibilities	You do the things you are supposed to do and accept the results of your actions.
Consequences	Something that happens as a result of your behaviour.
Unique	Being the only one of its kind; unlike anything else.
Proud	Feeling pleased, satisfied, and worthy.



Making a difference at The Merton

As we start our Year One learning journey we discuss rights and responsibilities, and choices and consequences at The Merton. The children talk about being special and how to make everyone feel safe in their class as well as recognising their own safety. We learn how to be a good friend through collaborative team building tasks in the great outdoors. Through our class text Sharing a Shell, we learn to think about what we bring to our year 1 team, what character traits help us to flourish and when we need to draw on the strengths of our friends. We learn playground games and how to include others in our play. We recognise both our uniqueness and our ability to develop amicable play and friendships as we build up a bank of playtime games.

Making a difference at home

Questions for family learning: What do you do in class to help other children? What does it feel like to be safe? Can you tell me something you were really proud of? How did it make you feel 'inside'? What choices can you make to be helpful and kind in school and at home?