

#### What I already know...

In EYFS pupils identified the pulse of a variety of music. They learnt to move their bodies, objects and march to the pulse and explore sounds which are of different lengths.

### What I will learn...

I can create, explore, respond and identify long and short sounds.

I can follow and create simple musical directions for faster, slower, stopping and starting

I can keep a steady pulse with some accuracy (eg, clapping, marching, tapping and playing instruments)

I can comment on my own and other people's performances.

### Key Vocabulary

pulse	the regular 'heartbeat' of a piece, holding the core timing together in
tempo	the speed at which a piece of mu- sic is played
rhythm	The pattern of sounds played through time, formed by a series
syllable	parts/sounds in the word
ostinato	a short, persistently repeated phrase

# Making a difference at home

When you are feeling frustrated , angry or upset, try listening to some music. Clap your hands and stamp your feet—can you keep to the steady beat of the pulse? Can you clap to the rhythm and moving up/ down, side to side, stretching arms and hands to create imaginary shape. See if this helps you to re-set, feeling calmer and happier.



## Making a difference at The Merton

In this unit, children will experience and explore hearing and making long and short sounds on a variety of instruments. They will use their listening skills to identify the different sounds and follow and create signals when performing. The children learn a simple rhyme to establish the concept of syllables and rhythms and will explore how the pulse is integral to keeping in time when performing music. They will use a multi-sensory approach using movement, drawing as well as through the use of tuned and untuned instruments to explore and express sounds and developing their understanding of how music and movement can lift our mood and spirit, and is plays such an important role in our overall well-being.

