

Year 4 - Autumn - PSHE Knowledge Organiser -

What I already know...

- That bullying is hurtful and upsetting.
- That people are all different.
- That talking to an adult about problems can help.

What I will learn...

- That sometimes people make assumptions about people because of the way they look or act.
- That often are assumptions are not correct.
- What bullying is and how it affects people.
- What to do if I think I'm being bullied or one of my friends is being bullied.
- That first impressions sometimes change.
- How it is important to accept people's differences and appreciate people how they are.
- That I have many good qualities.

Key Vocabulary

assumptions	Ideas or thoughts we have of someone or something based on only a small amount of infor- mation.
qualities	The different characteristics some- one might have.
impressions	What we think of another person or group.
First impressions	What we first thought when we
Accept	To understand something and not want to change it.





Celebrating

Making a difference at The Merton

At the Merton, we think that teaching children about their emotions and themselves is incredibly important. In this unit, we will teach children to value themselves and appreciate what makes them unique and special. WE will also teach them to appreciate the differences in others.

We will also learn what to do if we think that bullying is happening.

Making a difference at home

Think about the people you know. Think about all of the differences there are. What is it that you like about each person?

Can you find any books where the main character is very different to you? Maybe you could find a book that is about differences and how this makes people special?

