



# Year 4 - Spring - RSE Knowledge Organiser

## What I already know...

- The importance of friendships.
- That some friendships are positive and support wellbeing.
- Some strategies to deal with hurtful behavior.

## Key Vocabulary

respect	Acting in a way which shows you have thought about someone else's feelings and well-being
tolerance	Accepting and respecting things that are different in others.
empathy	Being aware of the feelings and
consequences	What might happen as a result of people behaving in a particular way.
bullying	Hurtful behavior that happens several times on purpose and when there is a real or perceived power imbalance.
Self-respect	Feeling good about who you are and understanding that others should treat you nicely.

## What I will learn...

- Some of the things that a good friend does and how to recognise a good friend.
- When to seek support when friendships are difficult and how to get support.
- To understand and respect the differences and similarities between people.
- To understand how 'knowing' someone online is different from knowing them face-to-face.
- The impact of bullying and how to get support if you or someone you know is being bullied.



## Making a difference at The Merton..

We recognise that having healthy, happy relationships is key to a healthy and happy life. We strive to help children understand how to be a good friend and giving them relationship skills that they can take with them through life. We give them strategies which will help them throughout their lives know how to spot unhealthy relationships and have some strategies to deal with negative situations and understand how to get help.

## Making a difference at home ...

Have a conversation with an adult about the things you do online. Have you ever seen hurtful comments? Can people that you don't know communicate with them on any games, websites or apps you use?

Talk about what you like about each other. Perhaps, you could write a list or make a poster showing the lovely attributes you have.