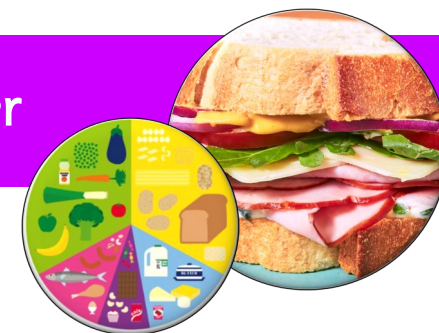




Year 1 - Autumn 2 - Design & Technology Knowledge Organiser



What I already know...

In EYFS I learnt to develop my own ideas and decide which materials I would use.

I planted seeds and cared for plants.

I learnt to understand why we need to wash our hands and manage this myself.

What I will learn...

Food knowledge

Some foods come from plants that we grow. Fruit and vegetables come from plants.

Hummus is made from chickpeas which is a type of bean which grows from a plant.

We should aim to eat 5 portions of fruit and vegetables everyday.

Some food comes from animals;

Ham comes from pigs

Cheese is made from cows milk.

Food hygiene rules:

Wash hands and remove watches, tie hair back, roll sleeves up, put apron on, wash surfaces before and after use.

Safe Cutting techniques



the bridge



the claw



fork secure

Key Vocabulary

meat	Meat comes from animals for food.
vegetable	A plant or part of a plant that you can eat.
fruit	Comes from a plant and is sweet. It contains seeds.
sandwich	Bread with a filling inside. Different types of bread can be used to
salad	Raw fruit or vegetables are chopped and mixed together.
hygiene	Ways of keeping clean to stay healthy and prevent illness through germs.
the bridge	Ensures fingers are out of the way
the claw	Ensures finger tips are out of the way
fork secure	Makes food stable and ensures fingers are out of the way.

Making a difference at The Merton

Children start off by receiving the harvest of fresh fruit and salad from the Year 2 children who planted these in the school vegetable garden with care for the new Year 1 children, so that they ready to design, make and enjoy their picnic—just like they had when they were in Year 1! Using the delicious Lighthouse Sandwich created by Mrs Grinling in the story of The Lighthouse Keeper's Lunch as inspiration, children will design their own Lighthouse Sandwich and salad. They will find out where their food comes from, and how like the Year 2 children did for them, much of our food can be grown, whilst the rest of it comes from animals, making links to our Science learning. Children will also make links to RSE and learn about healthy lifestyles and the importance of a healthy diet and learn about the Eatwell Plate, as well as the role physical activity plays too. Later in the year, we will return the kind deed and plant vegetables and salads ready for the new Year 1 children to make their Lighthouse Sandwiches and Salad completing a cycle of kindness and their ability to make a difference in their school community.

Making a difference at home

Use your new found sandwich making skills to make sandwiches for your family or even make your own when you are a packed lunch at school!

Grow your own fruit and vegetables at home. Water and nurture your plants to help them to grow.