



Year 5 - Autumn - RSE Knowledge Organiser

What I already know...

- Important characteristics of being a good friend.
- Healthy relationships are reciprocal - not one-sided.
- My behaviour can create short-term feelings in others such as happiness or worry.
- My behaviour can create long-term emotions in others such as respect and trust, or fear.

Key Vocabulary

Relationship	The way in which two or more people or things are connected.
Marriage	A legal declaration of commitment made by two adults who love and care for each other, which is intended to be lifelong.
Discrimination	Unfair treatment of one particular person or a group of people.
Bullying	Hurtful behaviour which happens several times on purpose due to a power imbalance.
Confidential	To be kept private or secret.

What I will learn...

- To recognise that there are different types of relationships.
- How friendships can change over time, about making new friends and the benefits of having different types of friends.
- Strategies for recognising and managing peer influence and a desire for peer approval in friendships; to recognise the effect of online actions on others.
- About marriage and civil partnership as a legal declaration of commitment made by two adults who love and care for each other, which is intended to be lifelong.
- About discrimination; what it means and how to challenge it.
- To listen and respond respectfully to a wide range of people, including those whose traditions, beliefs and lifestyle are different to our own.
- About the impact of bullying, including offline and online, and the consequences of hurtful behaviour.
- Strategies to respond to hurtful behaviour experienced or witnessed, offline and online (including teasing, name-calling, bullying, trolling, harassment or the deliberate excluding of others); how to report concerns and get support.
- About keeping something confidential or secret, when this should (e.g a birthday surprise that others will find out about) or should not be agreed to, and when it is right to break a confidence or share a secret.
- About seeking and giving permission (consent) in different situations.



Making a difference at The Merton

We will explore friendships and positive relationships in this topic. We will discuss how friendships can change and how to manage peer influence. The children will begin to look at personal rights, responsibilities, and how their actions have an impact on others— both good and bad. Alongside how showing responsibility for others means sometimes changing their own actions and challenging those of others.

Making a difference at home

You could create a picture book or a poster about friendships, peer pressure, discrimination or bullying to help to educate younger children.