

Year 4 - Autumn 2 - PE Knowledge Organiser - Orienteering and Football

What I already know...

- That there are different rules and tactics for different invasion games.
- How to participate in team games and have simple tactics for attacking and defending.
- How to pass and receive the ball in different ways with control and accuracy.

What I will learn...

Orienteering

- To follow a map with increasing accuracy and confidence.
- To mark control points on a map.
- To accurately find points marked on a simple map.
- To work with others to complete a task.

<u>Football</u>

- How to use space and help teammates.
- To pass, move with the ball and score more accurately.
- What rules are needed to make games safe and fair.
- To evaluate my performance and identify what tactics to use to make things difficult for my opponents.

Key Vocabulary

<u>Orienteering</u> Map	A diagrammatic representation of an area	
Aerial photo	A photo taken from above	
Key	Explains the meanings of symbols	
Orienteer	To find your way across an area using a map	(
Grid reference	Map reference indicating a location using a series of vertical and horizontal lines	r a
<u>Football</u> Invasion	The aim of the game is to attack the other teams territory to score a goal	V Id e
Possession	When your team have the ball.	•
Receive	When you take possession of the ball from a teammate.	1
Pass	Successfully send and receive a ball to a teammate.	
Dribble	To move a ball using small touches.	
Pitch	Area in which games such as football are played.	
Space	An area of the pitch where you are not next to your teammates or	



Children will use their communication and teamwork skills to read maps and locate markers in fast-paced outdoor activities, as well evaluate their learning in their **orienteering lessons**. The lessons will culminate in an exciting treasure hunt.

We will also be playing the exciting game of **football** in PE lessons this term and proving that football is really is for everyone! Be prepared to get muddy and have lots of fun whilst improving your ball skills, confidence and teamwork.

Making a difference at home

- If you are interested, try some of the free orienteering courses around Leicestershire which you can find online.
- If you are on a walk with your family, try to locate your position on a map and identify which direction your home our school is.
- There are lots of football clubs in Syston and neighbouring villages which you could join after

