

## **Physical Education Intent Statement**

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At The Merton Primary School, our primary aim is to give children the opportunity and tools to understand how to improve and maintain their own health and well-being. We want all children to experience a range of sports so they are able to build confidence and capability in movement and to expand their communication skills.

### **Intent**

Our PE coach and teachers will help the children to cope with both success and failure in competitive, individual and team-based physical activities. We would like children to observe and produce the conventions of fair play, honesty and good sporting behaviour. We also want to teach children how to cooperate and collaborate with others as part of an effective team, understanding fairness and equity of play to embed life-long values.

### **Implementation**

Physical education lessons at The Merton Primary School are taught by a combination of a highly skilled sports coach and class teachers.

Children have equal opportunities to take part in a range of sports and physical activities within a supportive environment where effort (as well as success) is recognised and celebrated. Children are encouraged to participate in exercise throughout the day through PE lessons, clubs, outdoor learning, lunch provision and special events.

Our PE curriculum is structured to provide a range of sporting experiences where every child participates to develop their skills and learning through competitive, team and individual sports.

## **Impact**

Ultimately, our curriculum aims to improve the wellbeing and fitness of our children through teaching a variety of sporting skills and underpinning the values and disciplines that PE promotes. Children are given plenty of opportunities to build upon prior knowledge, allowing them to expand the skills they have learnt during their primary journey. Within our lessons, children are taught about self-discipline and that to be successful they need to take ownership of and responsibility for their own health and fitness. Our impact is therefore, to motivate children to utilise these underpinning skills in an independent and effective way in order to live happy and healthy lives.