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What are children accessing online?

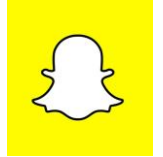
- Online Games
- Social Media
- Streaming Music/ Films
- School work/ research



Children's Digital Playground (6-12)



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What are your children doing online?

- Watch videos on YouTube
- Play a range of online games from Roblox and Fortnite to Toca Boca mobile games
- Older children use apps such as Tik Tok to post videos online and live-stream
- Some may also be using platforms like Snapchat and Instagram although minimum age is 13
- Use educational apps to supplement learning





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Source: Children and
Parents: Media Use and
attitudes report 2018

3-4s

1% have their own smartphone,
19% have their own tablet.



96% watch TV on a TV set, for
14h a week.

30% watch TV on other devices,
mostly on a tablet.

36% play games, for nearly 6½h a
week.

52% go online, for nearly 9h a
week.

69% of these mostly use a tablet to go online.

32% watch TV programmes via OTT services (like
Netflix, Now TV or Amazon Prime Video).

45% use YouTube, 80% of these say they use it to
watch cartoons while 40% say funny videos or
pranks.

1% have a social media profile

5-7s

5% have their own smartphone,
42% have their own tablet.



97% watch TV on a TV set, for
around 13½h a week.

44% watch TV on other devices,
mostly on a tablet.

63% play games, for around
7½h a week.

82% go online, for around 9½h
a week.

67% of these mostly use a tablet to go online.

44% watch TV programmes via OTT services (like
Netflix, Now TV or Amazon Prime Video).

70% use YouTube, 65% of these say they use it to
watch cartoons while 61% say funny videos or
pranks.

4% have a social media profile.

8-11s

35% have their own smartphone,
47% have their own tablet.



94% watch TV on a TV set, for
nearly 13h a week.

43% watch TV on other devices,
mostly on a tablet.

74% play games, for around 10h
a week.

93% go online, for around 13½h
a week.

45% of these mostly use a tablet
to go online, with 24% mostly
using a mobile.

43% watch TV programmes via OTT services (like
Netflix, Now TV or Amazon Prime Video).

77% use YouTube, 75% of these say they use it to
watch funny videos or pranks while 58% say music
videos.

18% have a social media profile.

40% who own a mobile are allowed to take it to bed
with them, it's 28% among tablet owners.

12-15s

83% have their own smartphone,
50% have their own tablet.



90% watch TV on a TV set, for
around 13½h a week.

62% watch TV on other devices,
mostly on a tablet or mobile.

76% play games, for around
13½h a week.

99% go online, for 20½h a week.

53% of these mostly use a mobile
to go online, with 23% mostly
using a tablet.

58% watch TV programmes via OTT services (like
Netflix, Now TV or Amazon Prime Video).

89% use YouTube, 74% of these say they use it to
watch funny videos or pranks with same proportion
saying music videos.

69% have a social media profile.

71% who own a mobile are allowed to take it to bed
with them, it's 61% among tablet owners.

Parents



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"He was addicted to [his tablet]. I didn't want him getting too focused in his own world, so I limited it" Mum of Harry aged 6

Attitudes toward the internet, among parents of children who go online

Proportion of parents of 5-15 year olds who agree
The benefits of the internet for my child outweigh any risks

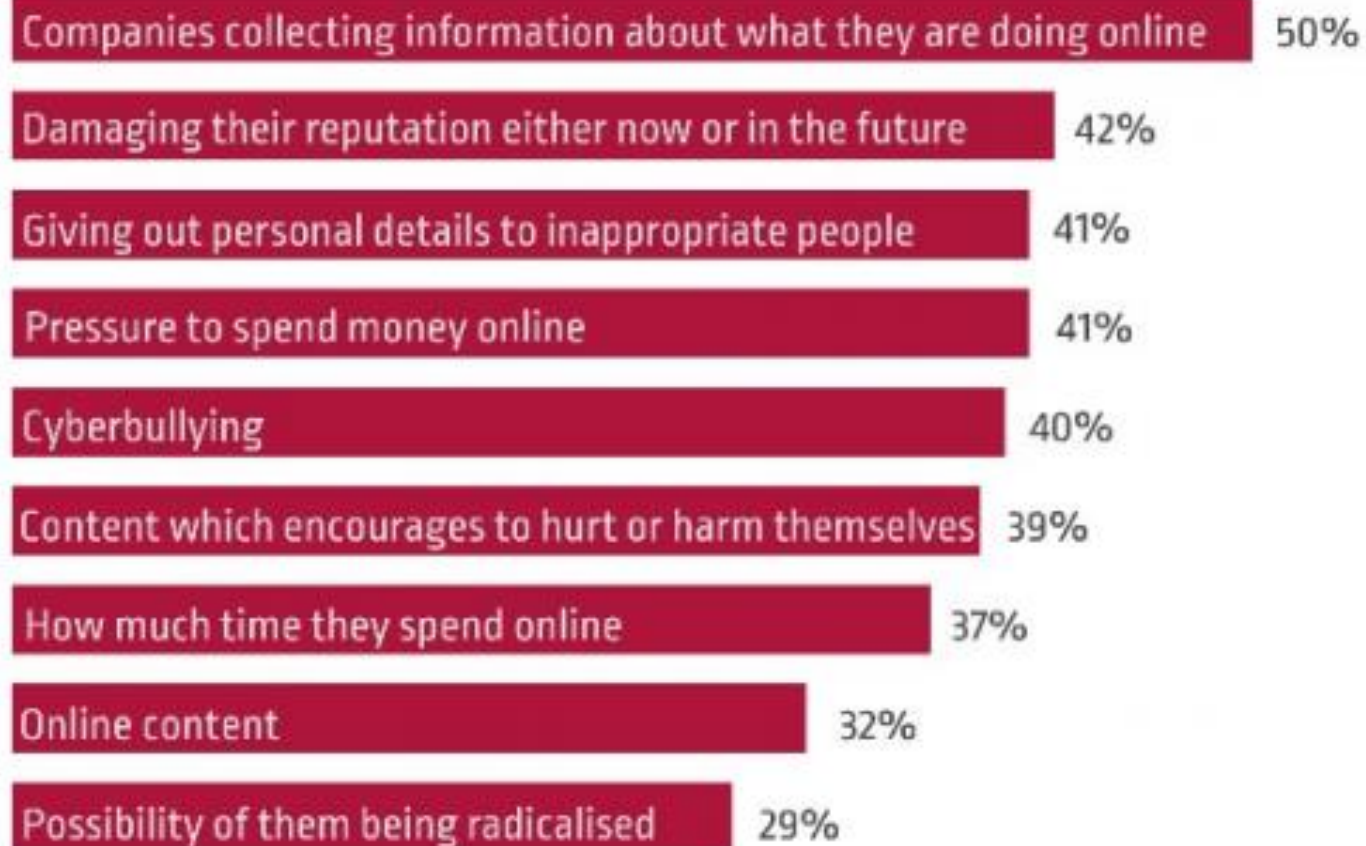


Source: Children and Parents: Media Use and attitudes report 2018

Parents

Parental concerns about aspects of their child's internet use, 5-15s who go online

% of parents of online 5-15s, who are very/ fairly concerned



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Source: Children and Parents: Media Use and attitudes report 2018

For access to the full report [Click Here](#).

Recorded
online
sexual
grooming
crimes rise
by a third



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Internet safety and harms



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Pupils should know

- That for most people the internet is an integral part of life and has many benefits.
- About the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others' mental and physical wellbeing.
- How to consider the effect of their online actions on others and know how to recognise and display respectful behaviour online and the importance of keeping personal information private.
- Why social media, some computer games and online gaming, for example, are age restricted.



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- That the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health.
- How to be a discerning consumer of information online including understanding that information, including that from search engines, is ranked, selected and targeted.
- Where and how to report concerns and get support with issues online.

Online Safety at Merton



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Online safety is taught at regular intervals in every year group over the whole year.

It is taught before children use the internet, but also when reacting to issues on a day to day basis.

This could be online bullying, social networking, gaming etc.



'We are proactive and reactive when it comes to online safety.'

Online Safety at Merton- Early Years



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Children are accessing technology and the internet at a younger age than ever before. It's never too early to talk to your child about what they do online and who to tell if they come across anything online that makes them feel worried, scared or sad.

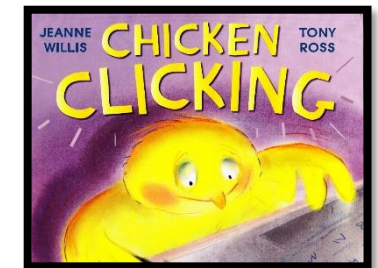
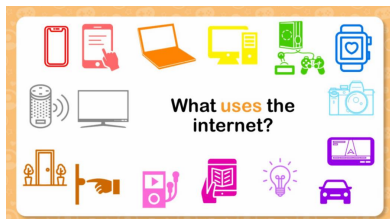


On line safety- EYFS



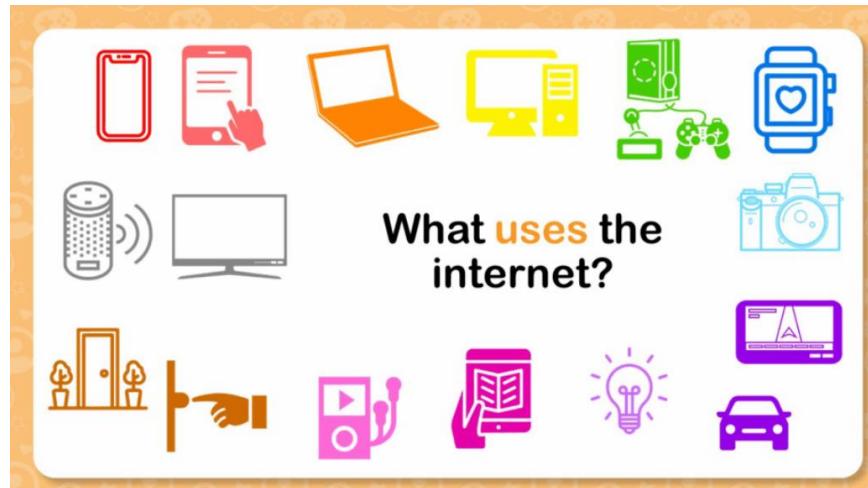
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- We talk about how we use Technology and the internet every day and what this looks like.
- We introduce the children to safe apps on the ipads and explore in groups.
- We regularly have circle time discussions to help the children understand: how to stay safe: always ask an adult to use a device, always use age appropriate apps, do not talk on online gaming headsets.
- When an issue arises we target discussions and focus based upon the need: playing inappropriate games.
- We listen to stories which help children to understand the importance of online safety. Clicking, Smartie the Penguin.



Online Safety at Merton- KS1

[BBC Bitesize](#)



What is the
Internet?

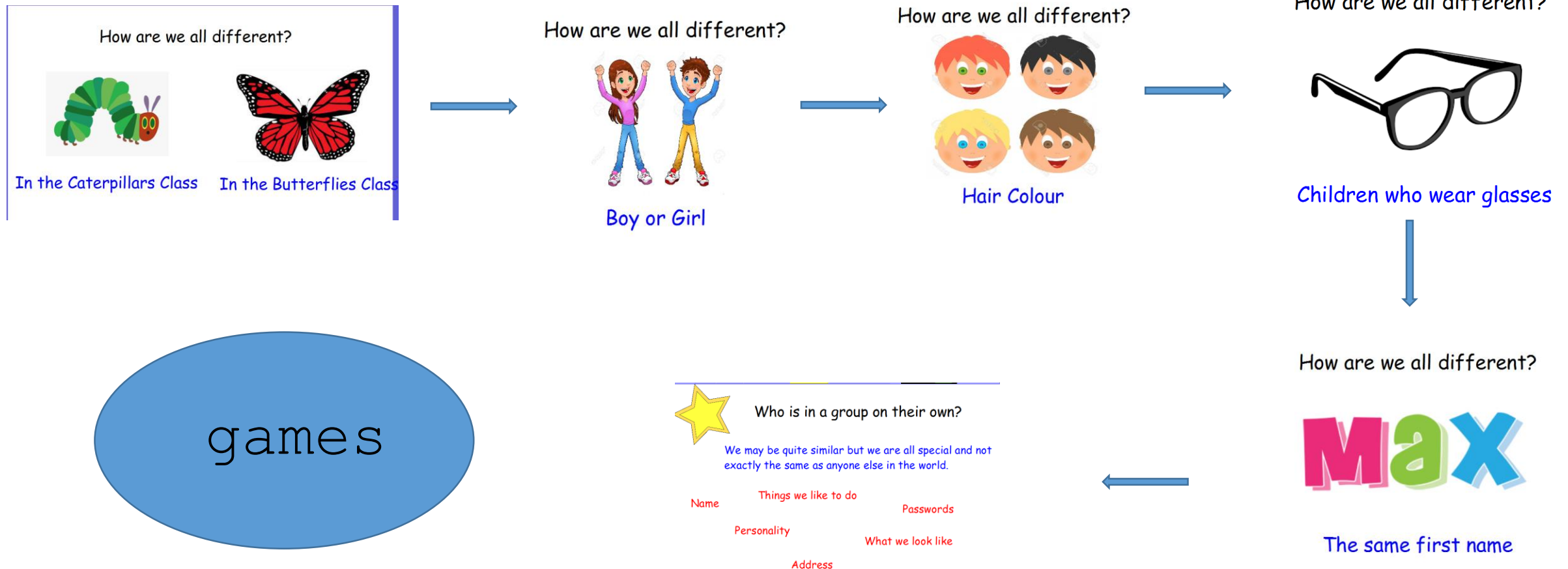


Online Safety at

Merton- KS1

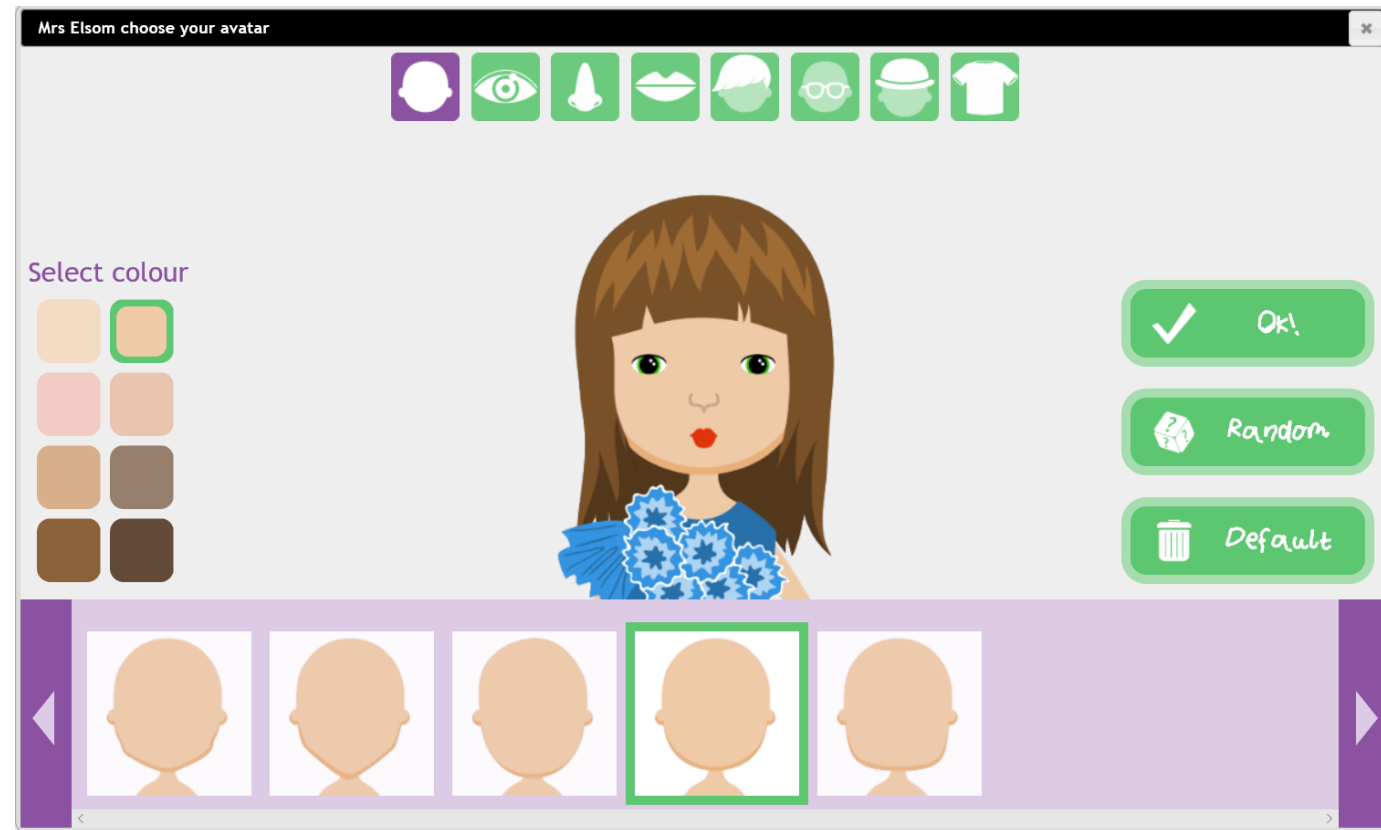
We learn about ourselves.

What makes us unique and what our personal information is. We explore this through games...



KS1

Once we understand what our personal information is we make avatars and create 'nick names' online.



KS1

Key messages are explored and
revisited
across the term during computing
lessons and



Online Safety at Merton- KS1



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Jessie & Friends is a series of three animations that follow the adventures of Jessie, Tia and Mo as they begin to navigate the online world, watching videos, sharing pictures and playing games.



Online Safety at Merton- KS1



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The key message throughout Jessie and Friends is that if a child is ever worried by anything online, they should tell a grown-up they trust, who will help them.



Online Safety at Merton- KS1

lesson snapshot



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Let's look at two children who have shared some information online.

Personal Information

Name: Spider Monkey

Boy or Girl? Boy

Likes: Cooking

Address: Tree Tops, Cherry Tree Lane.

Date of birth: 9/9/19



Personal Information

Name: Ella-Jane Taylor

Boy or Girl? Girl

Likes: Rock climbing

Address: 13 South Street, Leicester.

Date of birth: 28/7/11



Can you explain why?

Use the word 'because'.

Can you think about who is being safe online and who isn't?

Spider Monkey has been ^{safe} because he has used a nickname and an avatar.

Ella-Jane has not been safe because she has used a real photo and real address.



Online Safety at Merton- KS1

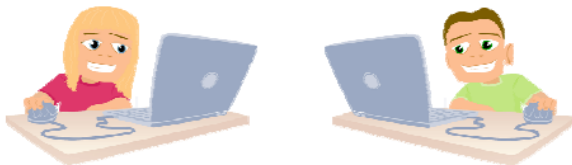


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Rules for Using the Internet Safely

I will :

- ✓ only visit websites suitable for children my age;
- ✓ be polite and show respect when communicating with others;
- ✓ keep my personal information secret (including passwords);
- ✓ report any unpleasant messages/inappropriate websites to a member of staff.



Online Safety at Merton LKS2



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ThinkUKnow website:

'Band Runner' has games and videos supporting discussion around use of:
gaming / vlogging / posting on social media / sending messages and pictures

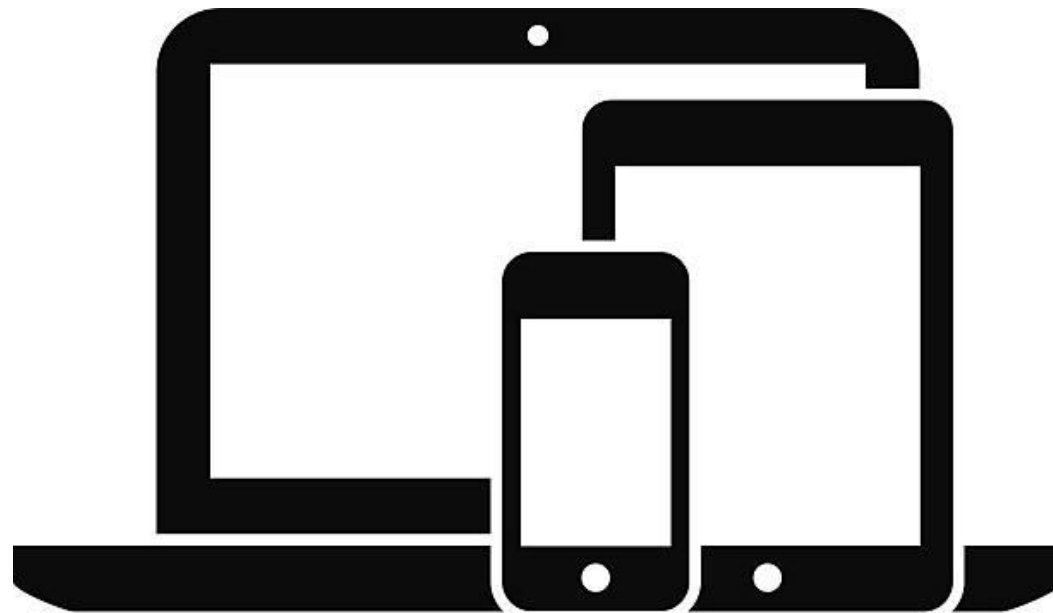


Online Safety at Merton LKS2



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We use ipads and laptops in some lessons for research, vocabulary work and finding definitions.



Before we go online we always remind children of the safety rules around using the internet.

Online Safety at Merton LKS2



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Children in Year 3/4 tell us that they are using a range of
apps and technology
including social media apps such as TicToc.

Some of our children are very aware of trending videos and
things that go viral
on TicToc, such as dance moves and pranks.
They have also told us that they know about apps you can get
on phones / tablets
that hide other apps.



Online Safety at Merton LKS2



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They also tell us that they are playing a range of games, some for long periods of time.

They tell us that they play Roblox, Fortnite, Minecraft online and that they play with other people.

We reinforce recommendations about only playing with people they know

and making sure they speak to an adult about any problems.



Online Safety at Merton- KS2 Upper

Key Stage 2 Years 5 and 6



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We have to accept that some children at this age will be online with minimal adult supervision, and that while we would give the message that parental controls should be on ALL digital platforms, we know that this isn't the real world.

Also, whilst some parents are informed, interested and involved in their child's online behaviour, this is not the case in every situation.

Your child will be hearing things from other children, maybe subject to peer pressure, and this is the stage in a primary school when mobile phones- and their uses and misuses- begin to impact on our online safety issues.



The teaching at this stage emphasises self

Online Safety at Merton



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1. We explicitly teach how to search safely on the internet- and what to do if they come across content that is unacceptable.



What if our trusted sites aren't on the list?

Why do we need to be careful about the information we find online?

- **Anyone** can make a website
- Some information online is **opinion** not fact
- Some websites are trying to **sell** us things

SAFE
SEARCHING



As well as obvious inappropriate content, we will also touch upon bias, fact or opinion, advertising and persuasion,

healthy debate and extremism

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2. We look at the online behaviour of ourselves and others through social media platforms, for example 'Whats App' - even if they shouldn't be on it until they are 16!



Poster (A3) for primaries: Do they find it funny?

LGFL



Band Runner game for 8s-10s



As we become more aware of the issues surrounding our children, we also touch upon self- image, what photos should you post and peer pressure.

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3. We look at the dangers of online gaming, the fact that this has an international reach and you may not know who you are giving information to, who you are actually playing



ShareAware NSPCC



Play Like Share



We look at the issues around 'grooming' and have used hard-hitting (but age appropriate) videos from THINGKUNOW, such as 'Alright

LGFL

Online Safety at Merton- Safer

Internet Day

In February every year, we celebrate Safer Internet Day. This year's theme is Online Identity and we will use resources to raise awareness of this issue.



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What can you do?



UK Chief Medical Officers' advice for parents and carers on Children and Young People's screen and social media use

Technology can be a wonderful thing but too much time sitting down or using mobile devices can get in the way of important, healthy activities. Here are some tips for balancing screen use with healthy living.

Sleep matters

Getting enough, good quality sleep is very important. Leave phones outside the bedroom when it is bedtime.



Sharing sensibly

Talk about sharing photos and information online and how photos and words are sometimes manipulated. Parents and carers should never assume that children are happy for their photos to be shared. For everyone – when in doubt, don't upload!



Education matters

Make sure you and your children are aware of, and abide by, their school's policy on screen time.



Keep moving!

Everyone should take a break after a couple of hours sitting or lying down using a screen. It's good to get up and move about a bit. #sitlessmovemore



Safety when out and about

Advise children to put their screens away while crossing the road or doing an activity that needs their full attention.



Talking helps

Talk with children about using screens and what they are watching. A change in behaviour can be a sign they are distressed – make sure they know they can always speak to you or another responsible adult if they feel uncomfortable with screen or social media use.



Family time together

Screen-free meal times are a good idea – you can enjoy face-to-face conversation, with adults giving their full attention to children.



Use helpful phone features

Some devices and platforms have special features – try using these features to keep track of how much time you (and with their permission, your children) spend looking at screens or on social media.



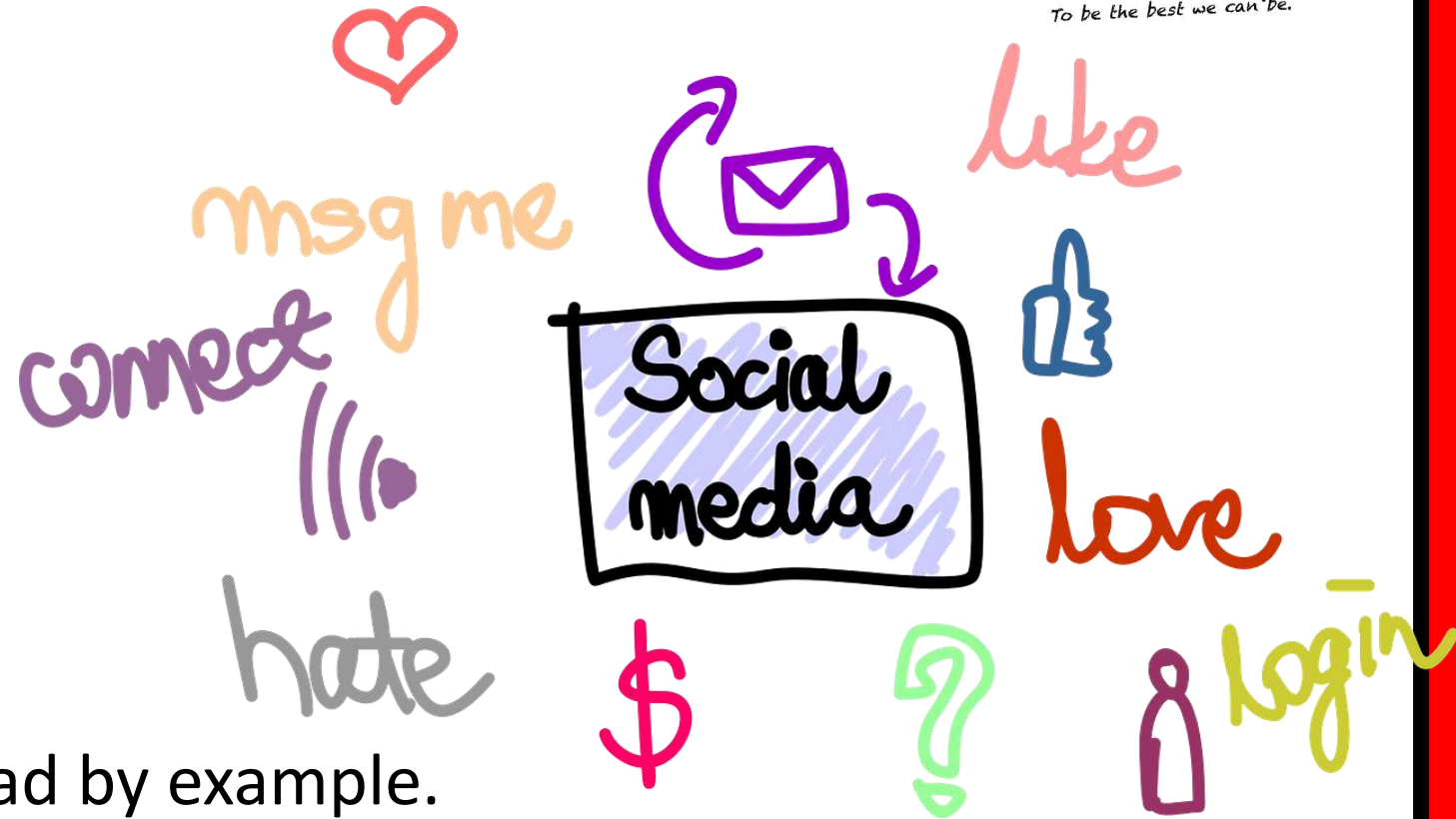
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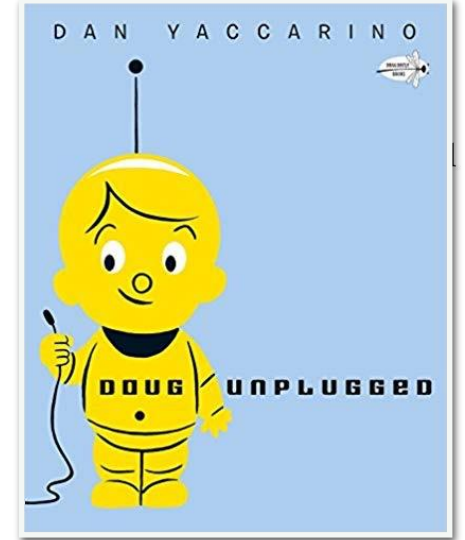
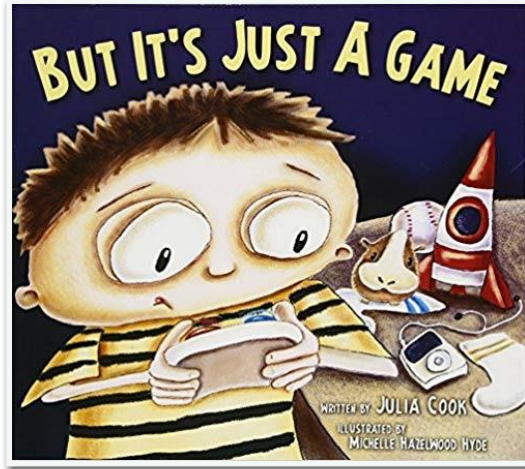
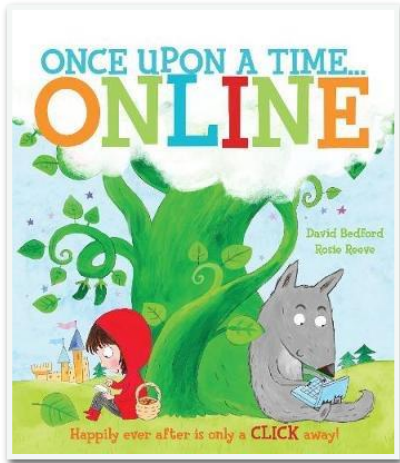
Supporting your son or daughter



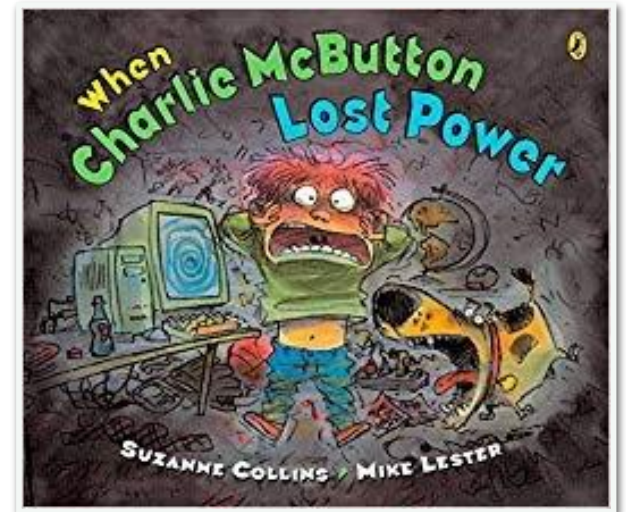
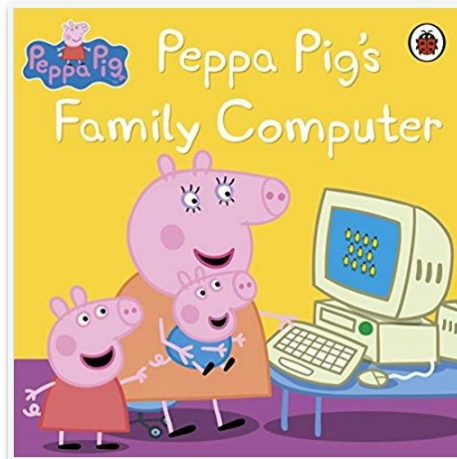
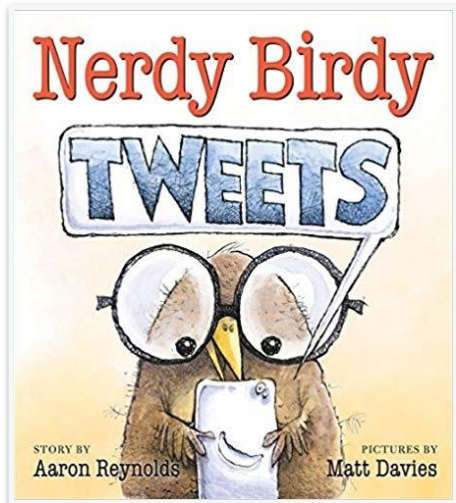
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- Take an interest.
- Engage with them.
- Use technology with them.
- Do not become a 'sharent' - lead by example.
- Talk to other parents about any issues.
- Open minded to technology.





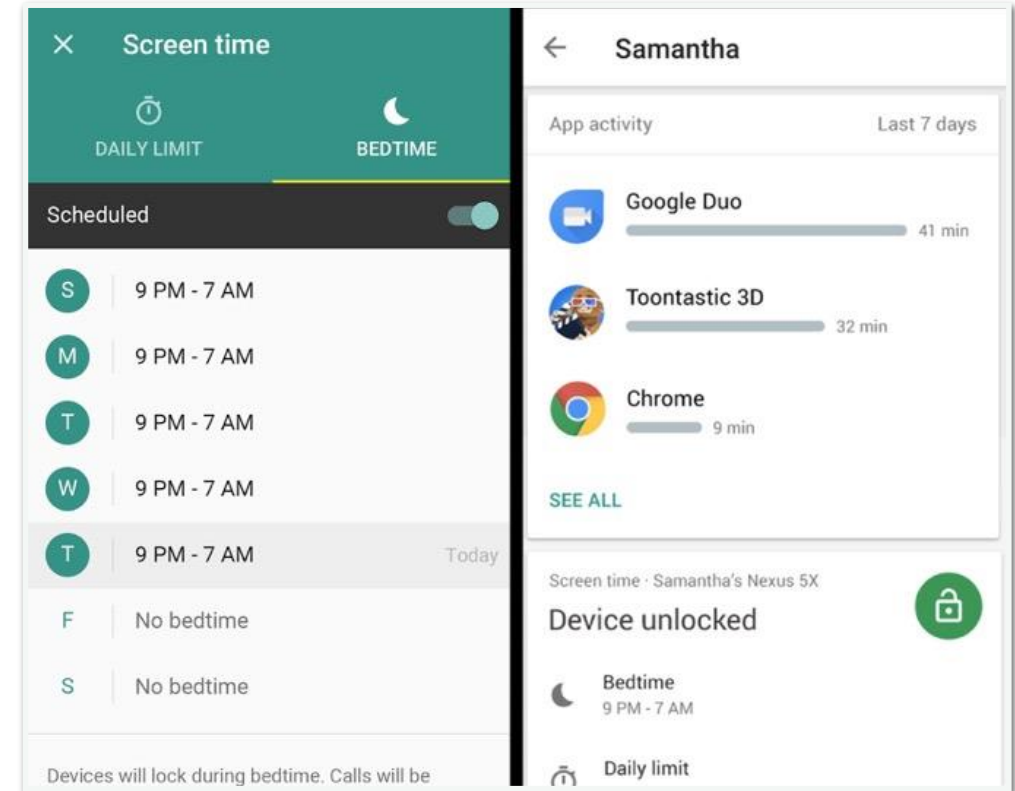
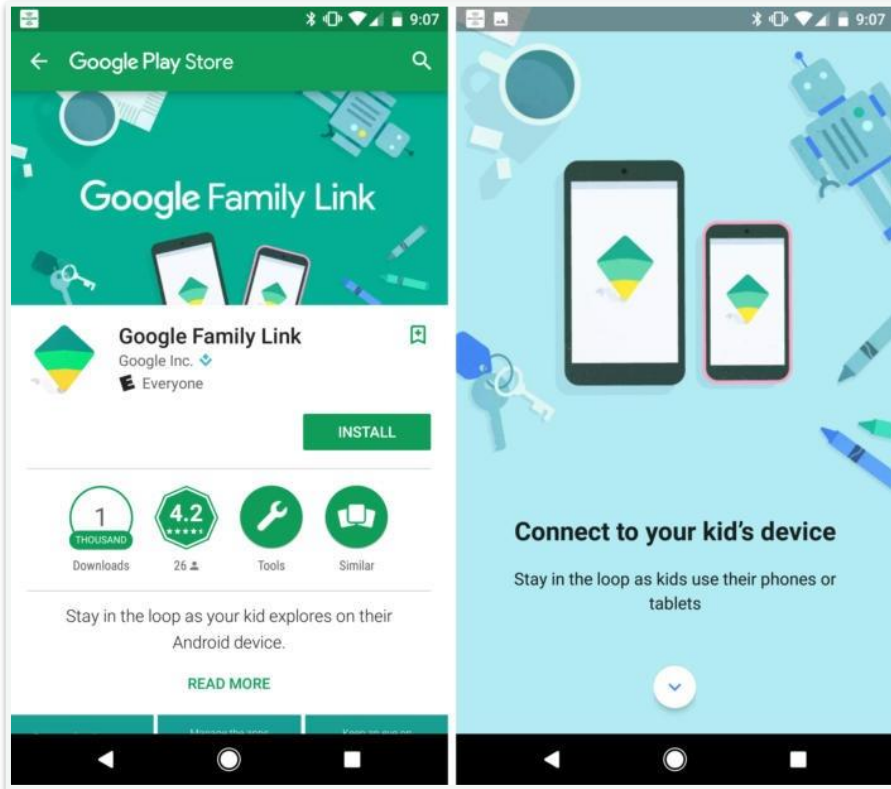
Online Safety Books



Google Family Link



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Setting up Family Link takes approx 15 minutes.

iOS Parental Controls



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Includes a feature known as "Screen Time". That tool logs what apps and activities people do with their phone, and presents it all in one easy to use chart.

The phone will log whether people are spending all their time on social media, for instance. And it also measures other data like how many notifications arrive and how often owners pick up their phones.

One important group affected by the changes are children. Apple allows the Screen Time feature to be controlled within families – meaning, for instance, that parents can set limits for their children, who can ask for more time if they need it.



Who can help?



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- CEOP
- Other Parents
- School Teachers
- Police
- NSPCC
- Childline

**THINK
U
KNOW**
.co.uk

The Imitation Game – Do you really know who you're talking to online?

Would you tell someone dressed up as your best friend one of your deepest darkest secrets? Or if someone was doing an impression of your girlfriend or boyfriend, would you share an intimate photo of yourself with them?

The answer is probably no, right?